

Examples of exercises for the stimulation of auditory attention – CHILDREN

EXERCISE 1: WHAT DO YOU HEAR?

Aim: Stimulation of auditory attention in the field of perception

Task: Read the instructions. Try to imagine what you hear.

- 1) Close your eyes and imagine you are lying in the middle of a meadow.
- 2) Close your eyes and imagine you are sitting at the railway station.
- 3) Close your eyes and imagine you are standing in the middle of the zoo.
- 4) Close your eyes and imagine you are lying in the middle of the forest.
- 5) Close your eyes and imagine you are standing in the middle of a supermarket.

EXERCISE 2: I AM QUICK TO RECOGNIZE YOU!

Aim: Stimulation of auditory attention in the field of speech and language

Task: The assistant will read the words below. Squat down on the floor every time you hear a word for an animal or fruit.

BLUEBERRY, SHED, BEAR, DOG, PONYTAIL, BASKET, OSTRICH, TOOTH, HOUSE, CONE,
BUTTERFLY, MOON, WOLF, APPLE, GRASS, MOUSE, YOURS, THANKS, SCHOOL, JAY, OH,
PEAR, DRIVE, EYESIGHT, WHALE, CHAMELEON, CANDY, ELEPHANT, PUDDLE, DOG, PAW,
ROBOT, PATH, GOAT, LION, ANGUISH, WOOL, KIWIFRUIT, HAIRS, FISH, DUCK,
STRAWBERRY, JOY, PADDLE, DORMOUSE, MUSHROOM, SLIPPER, BOAT, BUMBLEBEE,
NEWSPAPER, UMBRELLA, EARTHWORM, SWING, BENCH, ONE, FIG, DOORHANDLE,
RHINO, BEAK, COW, BLACKBIRD, LEAF, SISTER, FROG, HILL, CAVE, CHAMOIS, SHOVEL,
MESS, BANANA, BASKETBALL, FOX, BIRD, YOGHURT, PEACH, FLOCK, BOX, NANNY GOAT,
FIG, BIRD, MOM, RAINBOW, DREAMS, DOOR, CAT

EXERCISE 3: THE MOVING STORY

Aim: Stimulation of auditory attention in the field of motoric functions

Task: The assistant will read a story. Show what you hear.

Ben woke up, stretched, yawned and took a deep breath. He washed his face and hands and brushed his teeth. Later he made breakfast. He buttered his toast and drank his cocoa. After breakfast he went out. As it was raining he put on his wellingtons and opened his umbrella. He happily jumped in the puddles. In the forest he found some mushrooms and picked them. He also picked chestnuts. While he was walking home he was shaking from the cold. At home he took off his wet clothes and put on some warm socks and his slippers. He decided to build a high tower of bricks but he lost interest quickly and went to play ball. First he hit it and later he rolled it. After lunch he watched cartoons and ate popcorn. He was tired so he fell asleep quickly.