

Examples of exercises for the stimulation of visual attention – PARENTS

EXERCISE 1: TOUCH

Aim: Stimulation of visual attention in the field of motoric functions

Task: The child should follow your instructions:

1. Walk on your toes and touch an object made of wood.
2. Walk on your heels and touch a red object.
3. Jump and touch an object which is bigger than you.
4. Squat down on the floor and touch an object in front of you.
5. Jump on one leg and touch an object which is smaller than your head.

EXERCISE 2: TAKE A GOOD LOOK

Aim: Stimulation of visual attention in the field of perceptions

Task: Put 10 different objects on the table. Let the child take a good look at them, then make them close their eyes or turn around. Meanwhile, make 5 changes on the table (add or remove an object, change the order of the objects lying on the table, etc.). Now let the child find the differences.

EXERCISE 3: TALKING NINETEEN TO THE DOZEN

Aim: Stimulation of visual attention in the field of speech and language

Task: The child should read each word and talk about it for 1 minute without stopping.

1. BALL
2. SEASIDE
3. ANN
4. DAISY
5. SHOE
6. TV
7. JUICE

8. MAIL

9. PILLOW

10. BUS