

Examples of exercises for visual attention – TEACHERS

EXERCISE 1: TOTAL MIX-UP

Aim: Stimulation of visual attention in the field of perception

Task: The pupils are required to name what is drawn underneath the words and what colour the items are, as fast as they can.

RED STRAWBERRY	GREEN BOOK	BLUE TROUSERS
YELLOW BALLOON	BLACK CAR	RED HEART
BLUE BALL	YELLOW SUN	GREEN TREE

EXERCISE 2: FAST LETTER SEARCH

Aim: Stimulation of visual attention in the field of reading

Task: The pupils are given random sheets of newspaper. The teacher tells them what to do and draws the legend on the blackboard. The pupils take a red and a green colour pencil each. They have to colour the letters "M, m" red and the letters "N, n" green. Who will find the most in 5 minutes?

EXERCISE 3: CLASS CHOREOGRAPHY

Aim: Stimulation of visual attention in the field of motoric functions

Task: The pupils make a circle. The teacher determines which of the pupils will start and introduces the task. The first pupil shows a move, the second pupil repeats the move and adds one of their own, which in a way complements the previous. The third pupil repeats the first and the second move and adds their own, up to the last in line. The other pupils watch and point out errors. At the end, everybody repeats all the moves from the first to the last.